**H&R Fee Student Advisory Board Meeting February 9, 2016**

CHS/CAPS Care Coordination Services

BACKGROUND: The role of care coordination both nationally & at the University of Arizona has grown considerably over the last decade due to a national shift in focus from individual providers of health & mental health services treating a specific problem to an integrated & coordinated care approach that has been shown to improve quality of care as well as reduce fragmentation of services.

Over the last decade, the role of care coordination in CHS/CAPS has expanded from a single care coordinator to a team of coordinators that work with medical & mental health providers throughout CHS & the community to support the well-being, safety & overall success of students.

In addition, for those students identified as being at highest risk, care coordinators frequently interface with DOS, Residence Life, UAPD, faculty & staff in a coordinated effort to engage students in appropriate services & supports.

Other areas of care coordination include:

* Referrals to off-campus counseling & psychiatric services
* Faculty, peers & family members seeking crisis consultation or general community based resource information
* Students new to campus who need care coordination (ADHD, DRC, THINK TANK, etc.) related to mental or physical health issues
* Crisis hospital admissions & discharge planning
* Students who may need to withdraw from school due to physical or mental health issues
* Referrals to specialized community services & resources – neuro-psych testing, intensive out-patient counseling, etc.
* 24/7 on-call services

**HPPS Highlights from 2014 – 2015**

CHS Nutrition Counselors Delivered 500+ hours of Nutrition Counseling to students

CHS Nutrition coordinated and hosted the UA Food Day event, promoting sustainable/local food, on the Mall with over 1,200 attendees.

CHS Nutrition raised $12,464 in external funding to support the Body Smart and UA Food Fay initiatives

The Cooking on Campus program, a collaborative effort between CHS Nutrition, Arizona Student Unions, the Student Health Advocacy Committee and Campus Rec, provided a hands-on opportunity to learn to cook healthy, affordable and easy to prepare meals to 128 student participants.

CHS Nutrition developed the Nutrition Navigators program, composed of nutritional sciences students whose mission is to help UA students navigate healthy food choices both on and off campus through “Eat This!” talks, tabling events, and by directing students to UA nutrition resources

CHS Nutrition leads the The Body Smart Initiative - a student-led program with the mission of enhancing self-worth and positive body image among all UA students. This past year the program offered:

* + 15 Peer-led workshops; attendance- 114 students (a 350% increase over the past year)
  + 8 expert-led discussions; attendance-211 students (370% increase)
  + 9 tabling events; 928 student contacts (33% increase)
  + 2 campus wide Body Smart-initiated events; contacts/attendance-660 (120% increase)

Total attendance/contacts – 1,913 (a 44% increase over last year)

CHS Nutrition developed and authored the NutriNews column, whose goal is to “boost your food IQ”. NutriNews appears every other week in the Daily Wildcat.

Health Promotion’s Arizona Stressbusters initiative, the stress-reducing, free-back-rub program provided 1,201 free back rubs at 58 events across campus. Response was overwhelmingly positive from the UA Campus Community.

Additionally, in 2014-2015:

HPPS staff mentored, trained, and/or preceptored 100+ student interns/volunteers

HPPS reached 20,000 students reached through direct outreach and education (not including media visibility)

Greatist (website) ranked UA as one of nations’ Top 25 Healthiest Campuses, with HPPS being specifically mentioned.